

Northern Illinois Synod Cycle to Synod

Day 1: Tuesday, June 11; St. Matthew LC, Princeton to Zion LC, Kewanee

Lunch stop at Hennepin Canal Parkway State Park sponsored by First LC, Prophetstown

Day 2: Wednesday, June 12; Zion LC, Kewanee to First LC, Geneseo

Lunch stop at Cambridge LC, Cambridge

Day 3: Thursday, June 13; First LC, Geneseo to First LC, Rock Island

Lunch stop at Jenny Lind Chapel sponsored by Augustana LC, Andover

CYCLE TO SYNOD IS ...

A Three-Day bicycle ride from Princeton to Rock Island leading into the Annual Synod Assembly. This Three-Day ride will bring awareness and raise funds for ELCA World Hunger. Congregations are encouraged to enlist Financial Sponsors and Prayer Sponsors. Anyone who enjoys riding their bike may join the ride for a portion of a day, a full day, or the entire three-day event. To sign up as a cyclist, please go to nissynod.org. To submit your Financial or Prayer Sponsorships, please mail by June 1 to the Rockford Area Lutheran Ministries Office, care of Amy Hoening, 200 North First Street, Rockford, IL 61101. Gifts to ELCA World Hunger are always welcome by mailing the synod office directly.

Financial Sponsors

Cycle To Synod is encouraging each congregation to recruit 10 or more members to give \$25 or more. Checks should be written to the Northern Illinois Synod, with "Cycle to Synod" written in the memo line.

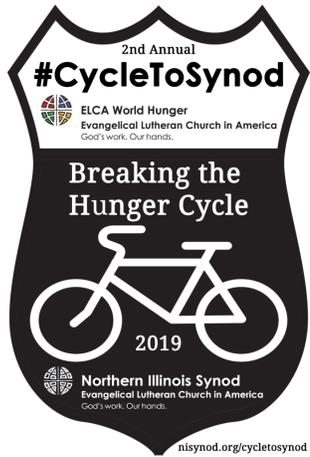
- 1 _____
- 2 _____
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- 9 _____
- 10 _____

Prayer Sponsors

Cycle To Synod is encouraging congregations to have 10 or more members send prayer cards and other encouragement notes for riders.

- 1 _____
- 2 _____
- 3 _____
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- 7 _____
- 8 _____
- 9 _____
- 10 _____

(Make additional copies as necessary)



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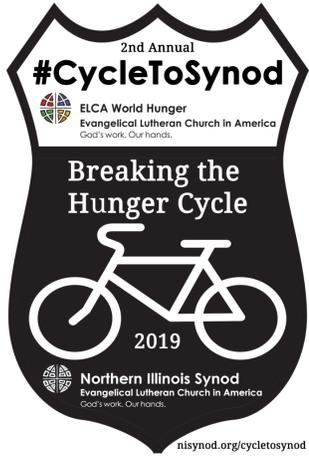
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How do I support Cycle to Synod?

- Join the Cycle to Synod for the launch on Tuesday, June 11 at St. Matthew's Lutheran Church, Princeton at 10:00 AM
- Sign up to ride with Cycle to Synod, for a portion of one day, a whole day, or for the entire three-day event (a max of 25 cyclists can participate in the full event, anyone can join for a portion of a day or for a single day)
- Join any of our planned stops to learn about ELCA World Hunger
- Send Financial Sponsorships by June 1 to the Rockford Area Lutheran Ministries care of Amy Hoening, 200 North First Street, Rockford, IL 61101
- Bring Financial Sponsorships to Synod Assembly
- Send prayer cards and notes of encouragement for cyclists by June 1 to Rockford Area Lutheran Ministries care of Amy Hoening, 200 North First Street, Rockford, IL 61101

How do I support Cycle to Synod?

- Cheer on the cyclists as they enter Centennial Hall during the opening plenary session of the Assembly.
- Schedule a congregation visit from a member of the Northern Illinois Synod World Hunger Sub-Committee to lead further conversation about ELCA World Hunger
- Encourage your pastor to preach on the topic of world hunger, and how our synod and national church have strong ministries working to end the world hunger crisis
- Sponsor a congregation wide World Hunger event, promoting awareness and raising funds to support World Hunger
- Contact the Northern Illinois Synod World Hunger Sub-Committee to volunteer your congregation to host a stop on an upcoming annual Cycle to Synod event
- Be a world hunger advocate in your community



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CYCLE TO SYNOD IS ...

“A great way to raise awareness of the world hunger needs and how our ELCA advocates for world hunger causes.” –

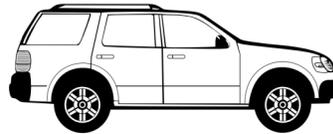
– Rev. Jamie Gallagher, First Lutheran Church, Monmouth

“My favorite activity that I look forward to each year.” - Amy Hoening, Rockford Area Lutheran Ministries.

Join us this year for Cycle to Synod, and tell us why you Cycle to Synod.

Do you want to sign up as a cyclist for Cycle to Synod?

- Sign up for one day or for two days or for all three days
- A maximum of 25 riders can sign up for all three days. Any one can ride for one day or half a day.
- Cyclists will ride between 30 to 50 miles each day.
- Road conditions will vary. While the majority of the ride will be on paved roads, there will be occasional gravel/dirt roads. Also western Illinois has a lot of rolling hills.
- Cyclists will be staying either as overnight guests in homes of church members where we stop, or may sleep on the floor of the church. Sleeping bags and pillows will be needed by each cyclist.
- Meals are being provided by churches. Snacks will be provided by some churches and by support vehicles. If you have special dietary needs, let us know when you sign up.
- Sign up by calling Amy Hoening at Rockford Area Lutheran Ministries: 815-962-4279



Can I support Cycle to Synod without riding my bike?

- Yes You Can!
- Cycle to Synod needs drivers for support vehicles.
- A support vehicle may escort the cyclists on their ride.
- A support vehicle may arrive at the next destination ahead of the group to assist in preparations for meals.
- A support vehicle may be used if there is inclement weather or if there is another reason we have to drive bicyclist to our next destination.
- A support vehicle will have snacks and bottled water in coolers for rest stops.
- Sign up to be a support vehicle for one day or all three days.
- Sign up by calling Amy Hoening at Rockford Area Lutheran Ministries: 815-962-4279